




Tahoma School District – Breakfast & Lunch Menus

October 2020

Tahoma School District provides curbside meal services at Tahoma High School and Lake Wilderness Elementary School every day, Monday thru Friday. **Free meals are available to all children age 18 and younger.** **FREE** grab & go breakfast and lunches are served in take-out containers or paper lunch bags. All lunches include ½ cup fruit, ½ cup of veggies and milk. At Tahoma HS and at Lake Wilderness ES, meals are distributed 7:30 am – 8:30 am, and 11:30 am – 12:30 pm. All meals will be served cold. Please keep your child and family safe. Keep items refrigerated until you are ready to heat and serve them. Parents/Guardians may pick up both breakfast and lunch at the same time for their child(ren). At Glacier Park Elementary school, **FREE** breakfast and lunches are distributed to students enrolled in the Extended Enrichment Program upon request.

"This institution is an equal opportunity provider." *Menus are subject to change due to occasional food and supply shortages.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Banana Chocolate Bar Fruit Milk Juice	Mini Cinnamon Rolls Fruit Milk Juice
	<p>Free and Reduced Meal Application forms for school year 2020-2021 are available in your school's office, the food services office, on-line, and at curbside. Families whose applications have not been approved by October 13, 2020, will revert to regular meal prices on October 14, 2020.</p>	<p>How to pay for school meals At curbside, staff accept cash and check payments for deposit into your child's account. We do not give change. Parents/Guardians may make online payments thru InTouch, or thru Skyward. https://www.tahomasd.us/</p> <div style="display: flex; justify-content: space-around;">   </div> <p style="text-align: center;">Skyward Online Payment</p>	<p>1</p> <p>Turkey Sandwich Cook's Choice</p>	<p>2</p> <p>Pizza or Cook's Choice</p>
Cereal Milk Juice	French Toast Bites Milk Juice	Mini Maple Pancakes Milk Juice	Bagel & Cream Cheese Milk Juice	Blueberry Mini Waffles Milk Juice
5 Mozz. Bread Sticks or Cook's Choice	6 Cheeseburger or Cook's Choice	7 Turkey Sandwich or Cook's Choice	8 Turkey Taco Salad or Cook's Choice	9 Pizza or Cook's Choice
Cereal Milk Juice	Pancake on a Stick Milk Juice	Buttermilk Donut Bar Milk Juice	Banana Chocolate Bar Milk Juice	Mini Cinnamon Rolls Milk Juice
12 Chicken Nuggets or Cook's Choice	13 Turkey Hoagie & Chips or Cook's Choice	14 Garlic Cheese Toast or Cook's Choice	15 Mandarin Orange Chicken & Rice or Cook's Choice	16 Pizza or Cook's Choice
Cereal Milk Juice	French Toast Bites Milk Juice	Mini Maple Pancakes Milk Juice	Bagel & Cream Cheese Milk Juice	Blueberry Mini Waffles Milk Juice
19 Chicken Corn Dog or Cook's Choice	20 Cheeseburger or Cook's Choice	21 Turkey Sandwich & Chips or Cook's Choice	22 Mozz. Bread Sticks or Cook's Choice	23 Pizza or Cook's Choice
Cereal Milk Juice	Pancake on a Stick Milk Juice	Buttermilk Donut Bar Milk Juice	Banana Chocolate Bar Milk Juice	Mini Cinnamon Rolls Milk Juice
26 Chicken Nuggets or Cook's Choice	27 Chickenburger or Cook's Choice	28 French Toast & Cheese Omelet or Cook's Choice	29 Mandarin Orange Chicken & Rice or Cook's Choice	30 Pizza or Cook's Choice