

# Tahoma School District – Elementary Menus


## March 2023

Tahoma School District will return to traditional National School Lunch and School Breakfast operations in SY2022-23. All meals include chocolate milk or white milk. Students may bring their lunch, snacks and/or beverages from home. Due to severe **supply chain disruptions**, we may not receive the volume of food and supplies that we order. This is why we have to substitute some entrees with other entrees that our distributors have in stock at the time. Breakfast is served before school in all buildings. **Breakfast and lunches are available at no cost for all students who are eligible for free or reduced-price meals**, per Washington State law.

**PRICES: BREAKFAST** including milk: Students \$2.75, Adults \$4.00. **LUNCH** including milk: Students \$4.25, Adults \$6.00. **Milk only:** \$0.75.

“This institution is an equal opportunity provider”

Menus are subject to change due to food and supply shortages.

MONDAY	TUESDAY	WASTE –FREE WEDNESDAY	THURSDAY	FRIDAY
		IW Cinnamon Roll Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Mini Maple Waffle Fruit Milk Juice
<p><b>Free and Reduced Meal Application forms for 2022-2023</b> are available in your child's school office, at the Central Services Center, and at <a href="https://www.tahomasd.us/departments/nutrition_services/free_reduced_priced_meal_information">https://www.tahomasd.us/departments/nutrition_services/free_reduced_priced_meal_information</a></p> <p><b>Consent To Share form</b> <a href="https://www.tahomasd.us/common/pages/DisplayFile.aspx?itemId=57490448">https://www.tahomasd.us/common/pages/DisplayFile.aspx?itemId=57490448</a></p>	<p style="color: red;"><b>How to pay for school meals</b></p> <p>School cafeteria staff accept <b>cash and check payments</b>. Please make checks payable to Tahoma Food Services. Parents/Guardians may make <b>online payments</b> thru InTouch, or thru Skyward. <a href="https://www.tahomasd.us">https://www.tahomasd.us</a></p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p style="font-size: small;">Skyward      Online Payment</p>	<p>1</p> <p><b>Corn Dog*</b> Veggies, Fruit and Milk</p> <p>*made with chicken</p> 	<p>2</p> <p><b>Super Nachos</b> Tortilla Chips &amp; Turkey Taco Meat Veggies, Fruit &amp; Milk</p>	<p>3</p> <p><b>Pizza</b> Veggies, Fruit and Milk</p>
Cereal or Pop-Tart Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	IW Cinnamon Roll Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Mini Maple Waffle Fruit Milk Juice
6 <b>Garlic Cheese Toast</b> Veggies, Fruit and Milk	7 <b>Chicken Nuggets</b> Veggies, Fruit and Milk	8 <b>French Toast</b> Veggies, Fruit & Milk	9 <b>Chicken Teriyaki &amp; Rice</b> Veggies, Fruit & Milk	10 <b>Pizza</b> Veggies, Fruit and Milk
Cereal or Pop-Tart Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	IW Cinnamon Roll Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Mini Maple Waffle Fruit Milk Juice
13 <b>Mozz. Bread Sticks</b> Veggies, Fruit & Milk	14 <b>Chicken Nuggets</b> Veggies, Fruit and Milk	15 <b>Chicken Burger</b> Veggies, Fruit and Milk	16 <b>Super Nachos</b> Tortilla Chips & Beef Taco Meat Veggies, Fruit & Milk	17 <b>Pizza</b> Veggies, Fruit and Milk
Cereal or Pop-Tart Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	IW Cinnamon Roll Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Mini Maple Waffle Fruit Milk Juice
20 <b>No School Today</b> No Meal Services Today	21 <b>Chicken Nuggets</b> Veggies, Fruit and Milk	22 <b>Belgian Waffle</b> Veggies, Fruit & Milk	23 <b>Mac &amp; Cheese</b> Veggies, Fruit & Milk	24 <b>Pizza</b> Veggies, Fruit and Milk
Cereal or Pop-Tart Fruit Milk Juice	Yogurt Fruit Smoothie Fruit Milk Juice	IW Cinnamon Roll Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Mini Maple Waffle Fruit Milk Juice
27 <b>Cheesey Pull-Apart</b> Veggies, Fruit and Milk	28 <b>Chicken Nuggets</b> Veggies, Fruit and Milk	29 <b>Corn Dog*</b> Veggies, Fruit and Milk  *made with chicken	30 <b>Super Nachos</b> Tortilla Chips & Turkey Taco Meat Veggies, Fruit & Milk	31 <b>Pizza</b> Veggies, Fruit and Milk